

# We Deliver!

Call in advance for large orders, lunch or dinner!

# Fraydo's

## Helena's Favorite Pizzeria

# (205) 621-2611

Call in advance for large orders, lunch or dinner!

### CHOICE PIZZAS

*Our favorite sauce and topping combinations added to our freshly made hand tossed dough and mozzarella provolone cheese blend. Try one and you will know why we are Helena's favorite pizzeria.*

**HB's "All Decked Out"** - Pepperoni, sausage, green peppers, onions, mushrooms.

**Bambino's "Meatza Meatza"** - Pepperoni, sausage, Canadian bacon, ground beef, bacon.

**Noelle's "Miracle Grow"** - Mushrooms, onions, tomatoes, green peppers, black olives, green olives.

**Clayt's "Moo-Oink-Moo"** - Bacon, cheddar cheese, hamburger.

**Bus Boy's "Aloha"** - Canadian bacon, pineapple pieces.

**The Family "Dutch Boy"** - Mozzarella and provolone topped with imported Dutch gouda.

**Papa Italy's "San Remo"** - Garlic butter, bacon, fresh tomatoes.

**Christopher's "My Alfredo"** - Alfredo sauce, grilled chicken, red onions, bacon.

**Drake's "BBQ Chicken"** - Barbeque sauce, grilled chicken, onions, bacon.

**Fraydo's "Chicken Pesto"** - Premium Pesto sauce, grilled chicken.  
*Small - 6.99 Medium - 10.99 Large - 13.99 Larger - 15.99*

### COOL GREEN SALADS

*Hearts of Romaine lettuce prepared fresh daily.*

**"A Lot Like Nona's"**

Fresh cut Hearts of Romaine topped with black olives, pepperoni, provolone, mozzarella, marinated artichoke hearts. Served with our homemade balsamic vinaigrette on the side.

**Vicki's "Not So Classic Caesar"**

Fresh cut Hearts of Romaine topped with plenty of croutons and grated parmesan cheese. Served with Fraydo's very Caesar dressing on the side.

**"The Greek"**

Fresh cut Hearts of Romaine topped with Kalamata olives, pepperoni, Feta cheese, marinated artichoke hearts and pepperoncini. Served with our homemade balsamic vinaigrette on the side.

**Buck's "Classic Chef"**

Fresh cut Hearts of Romaine topped with ham, turkey, cheddar, green olives, black olives, tomatoes.

*Full - 5.99 (w/ chicken 7.99) Side - 4.99 (w/ chicken 5.99)*

### CREATIVE PIZZA

*Your favorite sauce, cheese and topping combinations added to our freshly made hand tossed dough. Be creative!*

*Small-4.99 (toppings 1.00/ea) Medium-7.99 (toppings 1.25/ea)*

*Large-10.99 (toppings 1.50/ea) Larger-12.99 (toppings 1.75/ea)*

**Sauces:** Marinara, Garlic Butter, Alfredo, BBQ, Pesto

**Cheeses:** Mozzarella Provolone Blend, Cheddar, Gouda, Feta

**Toppings:** Pepperoni, Sausage, Bacon, Canadian Bacon, Ground Beef, Grilled Chicken, Marinated Steak, Tomatoes, Mushrooms, Red Onions, Green Peppers, Black Olives, Green Olives, Jalapenos, Banana Peppers, Pineapple, Kalamata Olives, Sundried Tomatoes, Artichoke Hearts, Pepperoncini.

### HOT HOAGIE SANDWICHES

*Hoagie bun topped with plenty of meat, veggies and cheese, and then baked to perfection.*

**"Massimo"** - Marinated steak, mushrooms, onions, green peppers, mozzarella and provolone cheese dressed with lettuce and tomatoes.

**"Meatball Sub"** - Italian meatballs, topped with mozzarella and provolone cheese and marinara sauce.

**"CB Steak" or "CB Ham"** - Marinated steak or smoked ham, chopped bacon and cheddar cheese.

**"T-Day"** - Turkey breast, mozzarella and provolone cheese dressed with lettuce and tomatoes.

**"T-Day Club"** - Turkey breast, smoked ham, bacon, mozzarella and provolone cheese dressed with lettuce and tomatoes.

**"I-Talian"** - Ham, hard salami, pepperoni, onions, green peppers, mozzarella and provolone cheese dressed with lettuce, tomatoes and Italian dressing.

**"Miracle Grow"** - Mushrooms, onions, green peppers, black olives, green olives, mozzarella and provolone cheese dressed with lettuce and tomatoes.

**"Muffaletta" (Large Only)** - Ham, hard salami, pepperoni, mozzarella and provolone cheese baked on a garlic buttered bun and dressed with olive salad.

*Small (6 Inches) - 3.99 Large (12 Inches) - 6.99*

#### Hours

Monday-Thursday 4:00p - 9:00p  
Friday 4:00p - 10:00p  
Saturday 11:00a - 10:00p  
Sunday 11:00a - 9:00p

### UTMOST STROMBOLI

*Our favorite pizza and hoagie toppings stuffed inside our fresh pizza dough with mozzarella and provolone or cheddar cheese. Buttered, baked and served with marinara sauce for dipping.*

**"Yours Truly"** - Add your favorite toppings to our great dough and cheese to create a stromboli that is truly yours.

**"Massimo"** - Marinated steak, mushrooms, onions, green peppers, mozzarella and provolone cheese.

**"Meatza Meatza"** - Pepperoni, sausage, Canadian bacon, ground beef, bacon, mozzarella and provolone cheese.

**"Miracle Grow"** - Mushrooms, onions, tomatoes, green peppers, black olives, green olives, mozzarella and provolone cheese.

**"CB Steak" or "CB Ham"** - Marinated steak or smoked ham, chopped bacon and cheddar cheese.

**"I-Talian"** - Smoked ham, hard salami, pepperoni, onions, green peppers, mozzarella and provolone cheese.

**"Ham and Cheese"** - Smoked ham, mozzarella, provolone and cheddar cheese.

*Small - 7.99 Medium - 11.99 Large - 14.99 Larger - 16.99*

### OVEN BAKED PASTAS

*Fettucini Noodles tossed with our favorite sauces and toppings then baked with grated parmesan and served with garlic bread.*

**"Chicken Alfredo".....7.25**

**"Chicken Pesto".....7.25**

**"Meatballs & Marinara".....7.25**

**NEW!**

**"Sausage Lasagna".....5.99**

### WAIT THERE'S MORE.....

**"Not From Buffalo" Wings (Hot, Italian or BBQ)**

*10 Wings - 6.99 20 Wings - 12.99 40 wings 23.99*

**Bread Stix (with marinara sauce).....4.49**

**Cheese Stix (with marinara sauce).....6.49**

**Garlic Bread (with marinara sauce).....2.99**

**Garlic Bread with Cheese (and marinara sauce).....3.99**

**Cinnamon Stix (with vanilla icing).....4.49**

**Soft Drink.....2 Liter 2.49.....20 oz 1.79**